





















NOVEMBER MENU BREAKFAST / SNACK

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
 Bagels with Cream Cheese, Fruit, Milk Goldfish	 Cold Cereal, Fruit, Milk Pretzels Cheese Crackers	 Egg & Cheese Sandwich, Fruit, Milk Carrots/ Celery Cheese and Crackers	 Pancakes, Syrup, Fruit, Milk Graham Cracker	 Cold Cereal, Fruit, Milk Yogurt and Fruit
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
 French Toast, Syrup, Fruit, Milk Pretzels Cheese Crackers	 Cold Cereal, Fruit, Milk Goldfish	 Hard Boil Egg, Crackers, Fruit, Milk Carrots/ Celery Ranch Cheese and Crackers	 Raising Toast, Butter, Fruit, Milk Graham Cracker	 Cold Cereal, Fruit, Milk Yogurt and Fruit
Monday 19	Tuesday 20	Wednesday 21	Wednesday 22	Friday 23
 English Muffins, Butter, Fruit, Milk Goldfish	 Cold Cereal, Fruit, Milk Graham Crackers	 Croissant with Jelly, Fruit, Milk Pretzels Cheese Crackers	THANKSGIVING DAY NO SCHOOL	NO SCHOOL
Monday 26	Tuesday 27	Wednesday 28	Wednesday 29	Friday 30
 Waffles, Syrup, Fruit, Milk Pretzels Cheese Crackers	 Cold Cereal, Fruit, Milk Goldfish	 Ham & Egg Burritos, Fruit, Milk Carrots/ Celery Cheese and Crackers	 Blueberry Muffins, Fruit, Milk Graham Crackers	 Cold Cereal, Fruit, Milk Yogurt and Fruit