



























JANUARY MENU NON REFUNDABLE

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
NO SCHOOL	 Chicken Nuggets, Angel Hair Rice Vegetables, Fruit Milk__ or Juice__ Subst. Lunch__	 Mac & Cheese, Carrots, Dessert Milk__ or Juice__ Subst. Lunch__	 Hamburger, Tater Tot, Fruit Milk__ or Juice__ Subst. Lunch__	
Monday 8	Tuesday 9	Wednesday 10	Wednesday 11	Friday 12
 Chicken Sandwiches, Tater Tot, Fruit Milk__ or Juice__ Subst. Lunch__	 Picadillo, Mashed Potato, Corn, Dessert Milk__ or Juice__ Subst. Lunch__	 Pasta Alfredo, Carrots, Fruit Milk__ or Juice__ Subst. Lunch__	 Chicken, Black Beans, Rice, Dessert Milk__ or Juice__ Subst. Lunch__	
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
 Chicken Nuggets, Rice, Broccolis, Dessert Milk__ or Juice__ Subst. Lunch__	 Pasta with Creamy Marinara, Carrots, Fruit Milk__ or Juice__ Subst. Lunch__	 Meat Loaf, Mashed Potatoes, Corn, Dessert Milk__ or Juice__ Subst. Lunch__	 Chicken Stew, Rice, Green Beans, Fruit Milk__ or Juice__ Subst. Lunch__	
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
 Turkey Meat Balls, Rice, Corn Fruit Milk__ or Juice__ Subst. Lunch__	 Pasta Marinara, Broccoli, Dessert Milk__ or Juice__ Subst. Lunch__	 Fish Sticks, Mashed Potato Carrots, Fruit Milk__ or Juice__ Subst. Lunch__	 Chicken Rice, Plantain, Dessert Milk__ or Juice__ Subst. Lunch__	
Monday 29	Tuesday 30	Wednesday 31	Thursday 1	Friday 2
 Hamburger, Tater Tot, Dessert Milk__ or Juice__ Subst. Lunch__	 Chicken Nuggets, Rice Corn, Fruit Milk__ or Juice__ Subst. Lunch__	 Mac & Cheese, Carrots, Dessert Milk__ or Juice__ Subst. Lunch__	 Chicken Angel Hair Rice, Vegetables, Fruit Milk__ or Juice__ Subst. Lunch__	

Substitute Lunch,
Select One:

- A) Chicken Nuggets
- B) Mac & Cheese

Student Name _____

Class: _____

Number of Lunches: _____